



## Casey Portner M.Ed, CAP

Casey Portner M.Ed, CAP has joined the CSWFL team as a managing partner and Clinical Director of all treatment services.

Casey is a Certified Addictions Professional (CAP) who received a Masters Degree in Counselor Education from Florida Atlantic University. Casey is also the founder and CEO of Portner Counseling Group, a private counseling center in Broward County, FL. Professionally, Casey has spent the last 8 years working with clients with addiction and co-occurring disorders providing a variety of clinical services in both a hospital and outpatient setting.



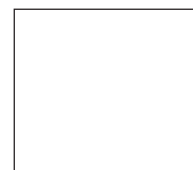
## Jo E. Gordon CAP

Jo E. Gordon is the founder of Counseling of Southwest Florida. She has been a Certified Addictions Professional

(CAP) in Collier County for the past 20 years, and has been a licensed addictions counselor for over 30 years. Jo has dedicated her life to helping those struggling with substance abuse issues. Jo brings her outstanding reputation in Collier County, as well as her wealth of knowledge and experience in the addictions field to CSWFL.

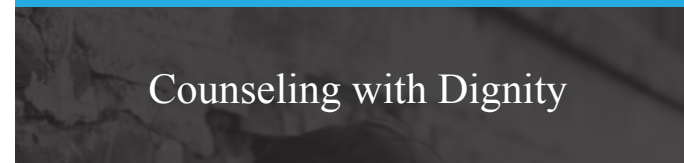


2345 Stanford Ct., Suite 601  
Naples, FL 34112

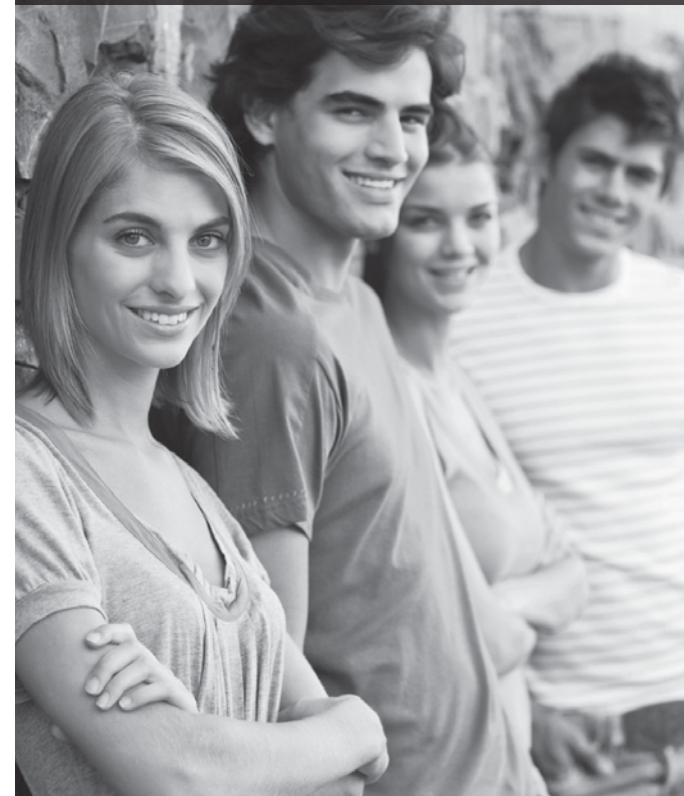


COUNSELING OF  
SOUTHWEST FLORIDA

Court Programs



Counseling with Dignity



2345 Stanford Court, Suite 601  
Naples, FL 34112

t 239-775-0039 f 239-775-0088

# Specialty Programs

**Substance Abuse** Our substance abuse services are designed to assist you in increasing insight and knowledge into your drug and alcohol use, while acquiring coping strategies to foster and maintain healthy life changes.

**Positive Choices** This program is designed to help adolescents foster and develop personal motivation to change, as well as acquire healthy decision making and problem solving skills that foster and support a healthy, positive, life-style.

**Relapse Prevention** Our relapse prevention services will enable you to identify your relapse triggers and warning signs, and to develop relapse prevention strategies and skills that will assist you in maintaining positive changes made in treatment.

**Co-occurring Disorders** These specialty services will provide you education, and access to resources that will allow you to effectively manage your mental health issues, while working through your substance abuse problems.

**Anger Management** Our anger management program will help you develop new coping strategies to deal with anger, build self esteem and find ways to express yourself without violence.

**Other Programs** We also provide specialized counseling services for parenting, Women's batterer's intervention, and loss prevention.

## We're located at:

2345 Stanford Court, Suite 601 Naples, FL 34112

## Office hours

Monday - Friday 10:00 AM - 6:00 PM  
Closed on Saturday and Sundays

## Contact us:

☎ 239-775-0039 ☎ 239-775-0088

🌐 [www.counselingswfl.com](http://www.counselingswfl.com)

✉ [brittany.cswfl@gmail.com](mailto:brittany.cswfl@gmail.com)



CSWFL is a DCF licensed outpatient substance abuse counseling center which provides private and professional counseling services for adolescents, young adults, adults and their families who are dealing with issues associated with drug and alcohol use. CSWFL offers an array of specialized outpatient services, including individual, group, and family counseling, each developed with the particular concerns of our clients in mind.

## Counseling Fee's and Costs

<b>Assessment</b>	<b>\$60.00</b>
An in-depth one-hour evaluation with one of our counselors to determine treatment needs	
<b>Individual Counseling</b>	<b>\$75.00</b>
50 minutes of one on one counseling with a CSWFL therapist.	
<b>Group Counseling</b>	<b>\$25.00</b>
60 minutes of counseling in a group setting.	
<b>Urinalysis</b>	<b>\$25.00</b>
<b>Consultation</b>	<b>\$75.00/hr</b>
Court appearances, treatment planning and coordination, family consultation.	

The CSWFL Court Program's are specifically designed to assist you in developing personal motivation to change, as well as acquire skills and strategies to develop a healthy drug-free lifestyle.

Upon completion of counseling services at CSWFL you will have gained an increased knowledge, and have acquired skills in the following areas:

- Relapse Prevention
- Stress Management
- Problem Solving skills
- Overcoming Criminal Thinking
- Effective Communication Skills
- Managing Co-Occurring Disorders
- Anger Management

**CSWFL**  
COUNSELING OF  
SOUTHWEST FLORIDA